



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**

School Name & Location Number:	Andrea Castillo Preparatory Academy 3881
Principal:	Adolfo Costa
Phone Number:	305 593 3155
School Wellness/Healthy School Team Leader:	Vivian Simon
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Michael Costa, Cristina Totorica-Gil, Suzanne Rivero-Setien, Vivian Simon, Patricia Martin, Wendy Garcia
Committee Meeting Dates:	08/23, 11/23, 02/24, 04/24
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<ul style="list-style-type: none"> <li>● <b>Nutrition:</b> <ul style="list-style-type: none"> <li>● Promote the free breakfast and good eating habits, especially as testing approaches</li> <li>● Provide healthy meals and snacks daily to students, facility, and staff through the cafeteria</li> </ul> </li> <li><b>Physical Education:</b> <ul style="list-style-type: none"> <li>● Fitness gram Testing</li> </ul> </li> <li><b>Physical Activity:</b> <ul style="list-style-type: none"> <li>● Daily Recess</li> </ul> </li> <li><b>Health and Nutrition Literacy:</b> <ul style="list-style-type: none"> <li>● Cambridge project on the nutritionally value of food groups</li> </ul> </li> <li><b>Preventive Healthcare:</b></li> </ul>

	<ul style="list-style-type: none"> <li>• Wellway Wellness Program</li> </ul>
Sustainability Practices:	<ul style="list-style-type: none"> <li>• Posting environmental advocacy and educational flyers and information throughout the school</li> <li>• Monthly recycling challenges</li> <li>• Encourage the use of re-usable items such as; water bottles</li> </ul>
Community Engagement:	<ul style="list-style-type: none"> <li>• Increase business partnerships in the local area</li> <li>• Include PTA in advertisement of healthy choices</li> </ul>
Monitoring and Evaluation:	<ul style="list-style-type: none"> <li>• Designated teacher responsible for monitoring and distributing harvested school garden produce</li> <li>• Start the EESAC and social media advertisements earlier in the following school year</li> <li>• Have more organized meeting agendas and set times for the following year</li> <li>• Advertise more to increase future volunteers as we begin to project next school year</li> </ul>
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<ul style="list-style-type: none"> <li>• Afterschool activities such as: tennis, soccer and cheer</li> </ul>